



CORSICA RAID AVENTURE

NOTE D'INFORMATION

RACE PROFILE

Profile Example

REMINDER: This is an example of a profile and not the profile of the next or previous Corsica Raid whose ways are renewed each year.

STEP 1	DIST	D+	D-
	38	1200	1200
Sea Kayak	16	0	0
Coastering	10	415	415
Sea Swimming	2	0	0
Mountain Bike	10	785	785

TOTAUX ETAPE 2	DIST	D+	D-
	60	2000	2000
Mountain Bike	20	800	800
Sea Kayak	24	0	0
Trail	15	1200	1200
Sea Swimming	1	0	0

TOTAUX ETAPE 3 NUIT	DIST	D+	D-
	31	2000	1500
Trail	20	1175	475
Trail	11	825	1025

TOTAUX ETAPE 4	DIST	D+	D-
	53	3300	2200
Mountain trek	17	2020	1670
Ropes	1	400	0
Mountain Bike	35	880	530

TOTAUX ETAPE 5	DIST	D+	D-
	65	3500	4400
Mountain trek	16	1640	1445
Canyoning	1	200	200
Mountain Bike	40	1445	1805
Itinerary adventure	8	215	950

TOTAUX ETAPE 6	DIST	D+	D-
	53	2000	2700
Mountain Bike	30	1700	2400
Ropes	1	300	300
Sea Kayak	22	0	0

TOTALS			
	DIST	D+	D-
	300	14000	14000
Mountain Bike	135	5610	6320
Sea Kayak	62	0	0
Mountain trek	33	3660	3115
Trail	46	3200	2700
Coastering	10	415	415
Adventure Trek	8	215	950
Sea swimming	3	0	0
Ropes	2	700	300
Canyoning	1	200	200



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RACE PROFILE

Elite Teams - Seasoned - Discoverers, to each team his raid ... from “the menu” to the choice “a la carte” ...

The Elite teams, used to big races, will line up the race figures indicated in the tables because they **will have done all the race sections** without asking any questions. Normal for them even if sometimes they will need to force to not arrive after closing a time barrier.

For **the seasoned teams as well as for the Discoverers teams**, the numbers will be as different as they are multiple.

First, at each stage, **the time barriers of some race sections** will have prevented many teams from doing all the race sections. Normal there too because the time barriers are designed in this way.

Secondly, also at each stage, **such and such teams will have decided**, as allowed by the Corsica Raid, **not to do this or that section of the race**, while remaining in the ranking in exchange for a compensated time.

So many different and multiple situations that will make that the arrival **Elite teams will have traveled more than 300 km** in 6 stages of the Corsica Raid Adventure.

The **best seasoned teams** will skirt the figures of the Elite courses with **200 to 280 km** while the **worst performers of the seasoned will achieve in 200 km**.

The **best teams of discoverers** will perform a raid between **150 and 200 km** while **the most beginners** will finish between **100 and 150 km**.